

## **AFTER SCHOOL ACTIVITIES BROCHURE**

### ***2021 - 2022 Term 1***

The Primary School is pleased to offer a wide range of after school activities for the students at ISH. With such a selection we trust there is something of interest for everyone! Classes and clubs are led by ISH staff and qualified community members.

**Join us for an enriching experience!**

**Classes offered for ISH students Early Years 1—Years 6**

For more information about the **After School Activities (ASA)**, please contact Annemieke Klein at the Primary Office 070 338 4567 or [a.klein@ishthehague.nl](mailto:a.klein@ishthehague.nl) / [primary@ishthehague.nl](mailto:primary@ishthehague.nl)

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## After School Activities Registration Procedure

The After School Activities Programme of the ISH is an enrichment based experience for the children, staff and community teachers of our school. It is an opportunity for children and staff to interact with one another in a non-academic environment, strengthening relations and offering exposure to new, exciting ideas and experiences. It is intended to provide a “taster” of hobby activities that, if enjoyed, can be further pursued outside of school in the larger community.

- ☐ Please read the class descriptions carefully, making note of day, time and year group for each class. Many activities have a fee associated; please consider this as you make your choices.
- ☐ **Do not send any money to the primary office, all money is to be handed to the teachers at the beginning of the term.**
- ☐ When the classes are finalized, you will receive a confirmation email from the ASA teacher.
- ☐ In case of a Covid -19 protocol change, 50% of the payment of the lessons not provided due to this change will be reimbursed by the tutor.
- ☐ When a student misses a class no money is reimbursed.
- ☐ When a tutor cancels a class , reimbursement will be made, no online lessons are provided.

### Additional Information about the program:

- ☐ Session Dates: **(6 lessons)** Please review our Weekly overview in this brochure. Please note: Clubs will start on Monday, 25th of October and there will be 6 lessons in total. The classes will end in the week of the 29th of November, except the Friday classes due to an inset day on Friday, 5th of November. The last Friday class will be on the 10th of December.
- ☐ Students participating in after-school activities on Mon, Tues, Thurs, or Fri should bring a small snack/drink to eat before class begins. Students enrolled in Wednesday activities should bring a packed lunch.
- ☐ When activities are finished all students will be brought to the Primary Aula to meet parent/ carers for pickup.

Children must be picked up promptly (16:15 M, T, Th, F 13:45 W) at the end of the activity. Bus and ASC students please remember to inform the provider.

**The booking link will open on Tuesday, the 5th of October at 10:00 and be available until Sunday, the 10th of October.**

## Class Descriptions

<u>Fun Bookers</u>	<b>EY3 - 6</b>	<b>Monday</b>
<b>Class fee: € 80</b>		<b>Teacher: Ms. Nieto</b>
A unique course that combines imagination and creativity to initiate and develop children on how to make their own story art books, experimenting with new art materials using painting, illustrating and drawing exercises.		

<u>Drawing Class</u>	<b>EY1 - 3</b>	<b>Monday</b>
<b>Class fee: € 60</b>		<b>Teacher: Ms. Kappeyne</b>
Learning to draw is easy if you learn it step by step. Different styles of drawing will be covered and subjects will vary.		

<u>Climate Club</u>	<b>Years 5 - 6</b>	<b>Monday and Tuesday</b>
<b>Class fee: € 20</b>		<b>Teachers: Ms. van Mil and Ms. Rushe</b>
Inspired by young people protesting climate inaction around the world, Climate Club is a space for interested Year 5 and 6 students to nurture their love for local nature, fact-based understandings of the climate crisis and habits of taking action. Students learn more about the local environment through hands-on activities such as ecology hikes, tree identification or camp craft in The Green Space. Every other week, they will learn relevant skills or co-lead solution-focused projects such as micro-gardening, making solar ovens or hosting a 'Repair Shop.'		

<u>Street Racket</u>	<b>Years 5 - 6</b>	<b>Monday</b>
<b>Class fee: € 90</b>		<b>Teacher: Mr Nainggolan</b>
<p>Street Racket is a new and fun way to work on your motor skills and eye-hand coordination. The game can be played outside an indoors and in this club we will play a variety of fun games that are mainly focused on teamwork!</p> <p>Street Racket is especially a great build-up towards tennis, squash and other racket sports, but the skills learned in Street Racket are transferable to all sports. In each lesson there is room for a competition element, but again, the focus is teamwork and fun :)</p> <p>See you in the Street Racket club !</p>		

<u>Basketball</u>	<b>Years 5 - 6</b>	<b>Monday</b>
<b>Class fee: € 90</b>		<b>Teacher: Coach Shai</b>
<p>Coached by NIEUW Generation farm system run by our very own ISH varsity head coach Shai, basketball club is an exciting way to learn new basketball skills in a friendly yet stimulating environment. Shai and his coaching team are enthusiastic, passionate with bundles of knowledge and experience of the game. From learning new skills to participating in small-sided games, basketball club is a fantastic way to develop pupils fitness.</p>		

<u>Junior Cheerleading</u>	<b>Years 4- 6</b>	<b>Tuesday</b>
<b>Class fee: € 60</b>		<b>Teacher: Ms. Viv</b>
<p><b>Junior Cheerleading</b> is bags of fun and incorporates every element of fitness, including: strength, memory, co-ordination, confidence, trust, team work and performance into one lesson. The children will learn about timing and synchronization, using simple floor patterns and arm patterns (Learning the Motions), Basic Gymnastics and Stunts (Pee Wee Level), Cheers and Chants, Safe Stretching, and finally putting it all together into their Pom Pom Dance Routine. All music is child friendly.</p>		

<u>Arts and Crafts</u>	<b>Years EY2 - 4</b>	<b>Tuesday</b>
<b>Class fee: € 84</b>		<b>Teacher: Ms. Nieto</b>
<p>New workshop painting on ceramics, glass, wood, porcelain, textiles and paper. Children will be designing their own painting projects, such as themed mugs, T-shirts, cups, ornaments, small vases and figurines while learning about Delft blue techniques and Chinese painting along many other techniques. Children will be focusing and enjoying developing their own artistic creations.</p>		

<u>Playball</u>	<b>Years EY1 - 2</b>	<b>Wednesday</b>
<b>Class fee: € 84</b>		<b>Teacher: Ms. Maggie</b>
<p>The Playball programme follows a holistic approach and offers learning opportunities and experiences relating to the cognitive, physical, social, and emotional development of the child. Playball takes advantage of developmental windows of opportunity by providing a wide range of suitable movement skills and physical activities in a safe and secure environment - perfect for optimal learning. At Playball, we help children develop fundamental building blocks of sport, agility balance and coordination, as well as the three key elements of physical fitness - endurance, strength and flexibility. We offer a multi-skill programme which follows the progression from fundamental sports skills, to mini games of tennis, hockey, cricket, football, basketball, and volleyball. Our action- packed curriculum will engage your little star in fun, age-appropriate, high quality games, and activities, ensuring that they have a positive experience with us and enjoy every minute of being physically active.</p>		

<u>Zumba Kids JNRS Street, Hip Hop, &amp; Pop</u>	<b>Years EY1 - 3</b>	<b>Thursday</b>
<b>Class fee: € 60</b>		<b>Teacher: Ms. Viv</b>
<p>Designed exclusively for children (ages 5-8 years). Zumbakids Jnr classes are dynamic, high-energy dance classes, packed with specially choreographed, child-friendly routines, lots of games and of course with the music kids love. All the music is child friendly. This class boosts metabolism, improves co-ordination, memory, self-confidence, and enhances team building and leadership skills. Over the next 6 weeks the group will learn the basic moves of hip hop, street, and pop to produce fun and fantastic dance routine at the end of the course.</p>		

<u>The Art Club</u>	<b>Years 3 - 6</b>	<b>Thursday</b>
<b>Class fee: € 84</b>		<b>Teacher: Ms. Nieto</b>
<p>A painting atelier, creativity and imagination, learning new painting exercises that enable children to explore into new materials such as: ink, watercolors, acrylics, markers, charcoal, graphite sticks, mix media on canvas and texture painting.</p>		

<u>Jump Rope Club</u>	<b>Years EY1 - 3</b>	<b>Thursday</b>
<b>Class fee: € 20</b>		<b>Teacher: Ms. Andrea</b>
<p>Come and be part of our Jump Rope team! You are going to learn creative individual/pair/group tricks and choreographies to music. We are going to use single ropes, long ropes, double Dutch (two long ropes at the time) and other fun jumping equipment, such as space hoppers and Lo-lo balls.</p> <p>If you are enthusiastic, ready to get fitter and be part of lots of fun, come and join us!</p>		

<u>Tag Rugby</u>	<b>Years EY5 - 6</b>	<b>Thursday</b>
<b>Class fee: €84</b>		<b>Ms. Maggie</b>
<p>Programme Focus: Our approach is designed to equip your child to participate and compete successfully in playing Tag Rugby.</p> <p>Technical: The programme develops Tag Rugby skills. We coach all the technical aspects in a variety of game formats.</p> <p>Tactical: Tactical application is at the heart of sport participation. We teach concepts like positioning and skill application.</p> <p>Specialised: We coach in a positive environment that will nurture children to develop as competent Tag Rugby participants.</p>		

<u>Drawing Class</u>	<b>Years 4 - 6</b>	<b>Friday</b>
<b>Class fee: € 60</b>		<b>Teacher: Ms. Kappeyne</b>
<p>Extend your drawing skills by using pencil, colour pencil and soft pastel. You will learn shading to create 3D effects. Subjects vary and include animals and the human figure in interesting poses, like breakdancing.</p> <p><b>No class on November 5th (inset day)</b></p>		

<u>Basketball</u>	<b>Years 3 - 4</b>	<b>Friday</b>
<b>Class fee: € 90</b>		<b>Coach: Shai</b>
<p>Coached by NIEUW Generation farm system run by our very own ISH varsity head coach Shai, basketball club is an exciting way to learn new basketball skills in a friendly yet stimulating environment. Shai and his coaching team are enthusiastic, passionate with bundles of knowledge and experience of the game. From learning new skills to participating in small-sided games, basketball club is a fantastic way to develop pupils fitness.</p> <p><b>No class on November 5th (inset day)</b></p>		

<u>Football</u>	<b>Years 4 - 6</b>	<b>Friday</b>
<b>Class fee: € 50</b>		<b>Teacher: Back2Basic</b>
<p><b>Professional trainers</b>  Football School Back2Basic is a club independent football school. We only work with professionally minded trainers, who believe in the development of each individual. It is an illusion to make everyone a pro, but we help everyone to reach their maximum level. By training in small groups of children and by varying and differentiating a lot, we challenge everyone to develop further. In addition to football development, our training also contributes to social and cognitive development.</p> <p><b>Structured training</b>  The development of functional technical skills is central.  Each training is carefully prepared and has a recognizable structure.</p> <p><b>Safe, fun and challenging learning environment</b>  During our activities we do everything we can to make sure everyone feels comfortable. Errors are not a problem and we encourage everyone to be creative and make their own choices.</p> <p><b>No class on November 5th (inset day)</b></p>		

<b>Monday</b> <b>15:00-16:15</b>	<b>Tuesday</b> <b>15:00-16:15</b>	<b>Wednesday</b> <b>12:30-13:45</b>	<b>Thursday</b> <b>15:00-16:15</b>	<b>Friday</b> <b>15:00-16:15</b>
	Home Languages  <b>Russian</b> EY – year 2	Home Languages  <b>Italian</b> EY – yr 2 <b>German</b> EY – yr 2 <b>Spanish</b> EY – yr 2 <b>French</b> EY – yr 2	Home Languages  <b>Russian</b> yr 3 - yr 6 <b>Italian</b> yr 3 – yr 6 <b>Spanish</b> yr 3 – yr 6 <b>French</b> yr 3 – yr 6 <b>Portuguese</b> yr 3 – yr 6	
<b>ASA</b> - Fun Bookers Year 3 - 6	<b>ASA</b> - <u>Junior Cheerleading</u> Year 4 – 6 Primary Gym	<b>ASA</b> - Playball Year 1 – 2 Primary Gym	<b>ASA</b> - ZUMBA Kids Jnrs Hip Hop POP/ Street Dance Year 1 – 3 Primary Gym	<b>ASA</b> <u>Drawing</u> Year 4 – 6
<b>ASA</b> - <u>Drawing</u> Year 1– 3	<b>ASA</b> - <u>Climate Club</u> Year 5 – 6 3B/ Greenspace		<b>ASA</b> - <u>The Art Club</u> Year 3 – 6	<b>ASA</b> - Basketball Year 3 – 4 Primary Gym
<b>ASA</b> - <u>Climate Club</u> Year 5 – 6 3B/ Greenspace	<b>ASA</b> - Arts and Crafts Year 2 - 4		<b>ASA</b> - <u>Jump Rope Club</u> Year 1 – 3 Orange Room	<b>ASA</b> - <u>Football</u> Year 4 – 6 Astroturf
<b>ASA</b> - <u>Street Racket</u> Year 5 – 6 Primary Gym			<b>ASA</b> - <u>Tag Rugby</u> Year 5 - 6 Astroturf	
<b>ASA</b> - Basketball Year 5 – 6 Secondary Gym				